

# Mt. Zion Parks & Recreation

**FREE!**

\*donations welcome;  
all \$ goes back to  
Parks & Rec  
programming!



## Fletcher Park Amphitheater

323 Fletcher Park Blvd.  
Mt. Zion, IL 62549



# YOGA **FOR ALL**

*Join us for beginner friendly yoga with seasoned instructor, Megan Schniederjan!*

*Bring your water, a mat, comfy clothes, & whatever energy level you have! \*we have extra mats for borrowing, just reach out in advance to secure one!*

**SUNSET!**

**FRIDAY**  
**@ 7 - 8 PM**  
May 8  
June 26

**SATURDAY**  
**@ 10 - 11 AM**  
May 2

**WEDNESDAY**  
**@ 5:30 - 6:30 PM**  
May 6  
May 20  
June 3  
June 24

**For questions, contact Tiffany:**

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